

Suicide attempt



A suicide attempt always indicates a psychological emergency, "cry for help" from the person affected, regardless of the type of action and how it is presented. Self-harming behavior is very often automatically assigned to suicidal statements or suicide attempts; this is only partially true. However, it is up to the emergency services to assess this.

Immediate reaction

- Alert the fire department, call 112
- Notify the police, call 110
- Transmission of the following information:
 - What happened?
 - How was the suicide attempt committed?
 - Where is the person located?
 - What condition is the person in?
- Position signposts for arriving emergency services and police

Suicide attempt



1 Intervene – End

- Do not leave those affected alone and take appropriate measures to shield them, keep spectators away
- Remove dangerous objects

2 Welfare - victim support – measures

- Provide first aid
- Arrange for specialist support immediately
- Maintaining care until expert help has arrived
- Coordinate a joint approach in the crisis team with experts
- Separate and look after eyewitnesses until the police arrive

Suicide attempt



3 Inform

- Convene the university's crisis team
- Develop information strategy and communication channels for the university (who, how, about what, in what form?)
- Only pass on information in consultation with the police
- Written and factual information about the incident in an appropriate form to:
 - Employees
 - Students
 - Student parliament and student council
 - Canteen
 - Daycare center and childminder
 - Other users/tenants of the campus
 - Ministry of Science, Research and Culture
- Prepare a press release in consultation with the police
- In the event of injuries, regardless of how minor they are, those affected will be sent to a doctor. Written notification of the injury or psychological help to the university's accident officer (arbeitsschutz@th-wildau.de)
- Immediate written notification to the Unfallkasse Berlin Brandenburg by the university's accident officer if medical or psychological assistance is required:
 - Accident report for insured students
 - Accident report for employees
 - Accident report for civil servants of the state of Brandenburg

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4 Aftercare - review - prevention

- Contact person is the crisis team
- clarify, counteract rumors, announce initiated measures
- Advice for teaching staff on how to deal with the event in courses
- Provide information on external support services
- In the wake of a suicide attempt, massive emotional reactions in the environment are very likely:
 - mutual recriminations
 - Feelings of guilt
 - Aggression and anger towards the affected person